

Let's Do Lunch! August 2015

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheese Tortellini	Hot Chicken Sandwich	Tamale Pie	BBQ Pork Chop	Tilapia w/ Lemon Butter
w/ Alfredo Sauce	w/ Swiss Cheese	Cornbread	Au Gratin Potatoes	Sauce over Wild Rice
Asparagus	Red Potatoes	Pinto Beans	Glazed Carrots	Mixed Vegetables
Dinner Roll w/ Margarine	Broccoli	Mexican Corn	Wheat Roll w/ Margarine	Crescent Roll w/ Margarine
Warm Peaches	Mandarin Oranges	Rice Pudding	Pineapple Chunks	Cherry Cobbler
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
10	11	12	13	14
Beef Tips over Noodles	Stuffed Potato	Chicken Teriyaki over Rice	Frito Pie	Turkey Stew
Baby Carrots	Ranch Beans	Cauliflower w/ Red Peppers	Calabacitas	Lima Beans
Wheat Roll w/ Margarine	Brussel Sprouts	Green Beans w/ Onions	Low Sodium Crackers	Cornbread w/ Margarine
Warm Cinnamon Apples	Biscuit w/ Margarine	Garlic Breadstick	Granola bar	Pear Slices
1% Milk	Fruit Cocktail	Orange	1% Milk	1% Milk
	1% Milk	1% Milk		
17	18	19	20	21
Salisbury Steak	Carne Adovada	Turkey Salad	Spinach Lasagna	Ham w/ Pineapple Sauce
Dirty Rice	Pinto Beans	Pasta Salad w/ Marinated	Zucchini	Sweet Potatoes
Scandinavian Blend	California Blend Vegetables	Vegetables	Garlic Breadstick	Green Beans w/ Mushrooms
Vegetables	Tortilla w/ Margarine	Celery Stick w/ Peanut Butter	Banana Bread	Crescent Roll w/ Margarine
Whole Wheat Roll w/	Applesauce	Cottage Cheese w/Pineapples	1% Milk	Yellow Cake With Berries
Margarine	1% Milk	1% Milk		1% Milk
Mandarin Oranges				
1% Milk				
24	25	26	27	28
Fish Nuggets w/ Tartar Sauce	Philly Steak Sandwich	Baked Ziti w/ Turkey	Pork Stir Fry	Chicken Pot Pie
Macaroni & Cheese	Peppers & Onions	Italian Vegetables	Steamed Rice	Beets
Stewed Tomatoes	Red Rosemary Potatoes	Biscuit	Oriental Vegetables	Peas
Wheat Bread w/ Margarine	Broccoli	Apricots	Crescent Roll w/ Margarine	Pineapple Chunks
Apple	Dinner Roll w/ Margarine	1% Milk	Pear	1% Milk
1% Milk	Cupped Grapes		1% Milk	
	1% Milk			
31	1	2	3	4
Bean Burrito	Greek Chicken	Beef a Roni	Blacked Salmon	Bratwurst
Spanish Rice	Pasta with Alfredo Sauce	Lima Beans	Brown Rice	Sautéed Potatoes & Onions
Green Beans w/ Peppers	Mixed Vegetables	Broccoli	Spinach	Scandinavian Vegetables
Four Tortilla w/ Margarine	Low Sodium Crackers	Garlic Bread Stick	Cornbread w/ Margarine	Orange
Chocolate Mousse	Applesauce w/ Cinnamon	Cantaloupe	Cookie	1% Milk
1% Milk	1% Milk	1% Milk	1% Milk	

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread only upon request.